

VJK KB Diksmuide 26: Session: 4: COACH evaluation sheet for TEAM: TZT

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Backs Hubert

Coaches: Nuytten Stefanie HEADCOACH

Coaches: De Cramer Renée

Coaches: Desmet Carl

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 39: 100M BREASTSTROKE WOMEN 11-12					Heat:2, starttime: 14:32
Heat: 2/10 Lane : 6 Athlete: VERNIEUWE LEANNE					Q-time: 01:41:43
PB (25m pool): 01:41.47 Sint-Amandsberg 18/10/2026					PB (50m pool): 01:41.43 SB: 01:41.47 Sint-Amandsberg 18/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.21		01:41.47	
	00:48.21		00:53.26		
					

Coach feedback:

Event number: 39: 100M BREASTSTROKE WOMEN 11-12					Heat:6, starttime: 14:41
Heat: 6/10 Lane : 1 Athlete: HUYBEN STIEN					Q-time: 01:31:26
PB (25m pool): 01:31.26 Brugge 04/10/2026					PB (50m pool): 01:33.85 SB: 01:31.26 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.75		01:31.26	
	00:42.75		00:48.51		
					

Coach feedback:

Event number: 40: 100M BREASTSTROKE MEN 11-12					Heat:6, starttime: 15:02
Heat: 6/10 Lane : 4 Athlete: GEERS ARNOUT					Q-time: 01:31:06
PB (25m pool): 01:31.06 Brugge 04/10/2026					PB (50m pool): 01:41.84 SB: 01:31.06 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.63		01:31.06	
	00:43.63		00:47.43		
					

Coach feedback:

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Event number: 40: 100M BREASTSTROKE MEN 11-12					Heat:7, starttime: 15:04
Heat: 7/10 Lane : 2 Athlete: MOEYAERT ALEC					Q-time: 01:30:62
PB (25m pool): 01:30.62 Brugge 04/10/2026					PB (50m pool): 01:38.01 SB: 01:30.62 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.92		01:30.62	
	00:42.92		00:47.70		
					

Coach feedback:

Event number: 42: 100M BREASTSTROKE MEN 15-16					Heat:3, starttime: 15:26
Heat: 3/4 Lane : 5 Athlete: VANDEKERCKHOVE JEROME					Q-time: 01:09:50
PB (25m pool): 01:09.50 Brugge 04/10/2026					PB (50m pool): 01:13.68 SB: 01:09.50 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.00		01:09.50	
	00:33.00		00:36.50		
					

Coach feedback:

Event number: 43: 200M FREESTYLE WOMEN 13-14							Heat:2, starttime: 15:33	
Heat: 2/5 Lane : 6 Athlete: VAN STEENKISTE LIA							Q-time: 02:23:49	
PB (25m pool): 02:23.49 Brugge 04/10/2026							PB (50m pool): 02:34.05 SB: 02:23.49 Brugge 04/10/2026	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.84		01:08.93		01:46.28		02:23.49
	00:32.84		00:36.09		00:37.35		00:37.21	
								

Coach feedback:

Event number: 43: 200M FREESTYLE WOMEN 13-14							Heat:4, starttime: 15:38	
Heat: 4/5 Lane : 7 Athlete: HUYBEN ISOLDE							Q-time: 02:19:18	
PB (25m pool): 02:19.18 Brugge 04/10/2026				PB (50m pool): 02:20.21 SB: 02:19.18 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.07		01:07.19		01:43.85		02:19.18
	00:32.07		00:35.12		00:36.66		00:35.33	
								

Coach feedback:

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Event number: 43: 200M FREESTYLE WOMEN 13-14							Heat:4, starttime: 15:38	
Heat: 4/5 Lane : 8 Athlete: CLAEYS ELENA							Q-time: 02:20:13	
PB (25m pool): 02:20.13 Brugge 04/10/2026				PB (50m pool): 02:20.43SB: 02:20.13 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.40		01:08.00		01:45.17		02:20.13
	00:32.40		00:35.60		00:37.17		00:34.96	
								

Coach feedback:

Event number: 43: 200M FREESTYLE WOMEN 13-14							Heat:5, starttime: 15:41	
Heat: 5/5 Lane : 1 Athlete: DEKEIN YUTA							Q-time: 02:17:09	
PB (25m pool): 02:17.09 Temse 17/11/2025				PB (50m pool): 02:20.11 SB: 02:23.56 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.76		01:06.87		01:42.59		02:17.09
	00:31.76		00:35.11		00:35.72		00:34.50	
								

Coach feedback:

Event number: 44: 200M FREESTYLE MEN 13-14							Heat:2, starttime: 15:48	
Heat: 2/6 Lane : 5 Athlete: BLOMME STAN							Q-time: 02:21:41	
PB (25m pool): 02:21.41 Brugge 04/10/2026				PB (50m pool): 02:24.86 SB: 02:21.41 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.42		01:09.66		01:47.54		02:21.41
	00:32.42		00:37.24		00:37.88		00:33.87	
								

Coach feedback:

Event number: 44: 200M FREESTYLE MEN 13-14							Heat:5, starttime: 15:56	
Heat: 5/6 Lane : 8 Athlete: THIELEMANS LEON							Q-time: 02:14:97	
PB (25m pool): 02:14.97 Brugge 04/10/2026				PB (50m pool): 02:19.79SB: 02:14.97 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.94		01:05.11		01:40.60		02:14.97
	00:30.94		00:34.17		00:35.49		00:34.37	
								

Coach feedback:

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Event number: 45: 100M BACKSTROKE WOMEN 11-12					Heat:6, starttime: 16:14
Heat: 6/10 Lane : 7 Athlete: HUYBEN STIEN					Q-time: 01:20:28
PB (25m pool): 01:20.28 Brugge 04/10/2026					PB (50m pool): 01:23.17 SB: 01:20.28 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.87		01:20.28	
	00:38.87		00:41.41		
					

Coach feedback:

Event number: 45: 100M BACKSTROKE WOMEN 11-12					Heat:7, starttime: 16:17
Heat: 7/10 Lane : 5 Athlete: VERNIEUWE LEANNE					Q-time: 01:18:06
PB (25m pool): 01:18.06 Brugge 04/10/2026					PB (50m pool): 01:20.43 SB: 01:18.06 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.70		01:18.06	
	00:37.70		00:40.36		
					

Coach feedback:

Event number: 46: 100M BACKSTROKE MEN 11-12					Heat:5, starttime: 16:35
Heat: 5/10 Lane : 5 Athlete: MOEYAERT ALEC					Q-time: 01:20:79
PB (25m pool): 01:20.79 Brugge 04/10/2026					PB (50m pool): 01:23.61 SB: 01:20.79 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.44		01:20.79	
	00:39.44		00:41.35		
					

Coach feedback:

Event number: 46: 100M BACKSTROKE MEN 11-12					Heat:5, starttime: 16:35
Heat: 5/10 Lane : 8 Athlete: GEERS ARNOUT					Q-time: 01:21:66
PB (25m pool): 01:19.32 Sint-Amandsberg 18/10/2026					PB (50m pool): 01:23.89 SB: 01:19.32 Sint-Amandsberg 18/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.41		01:19.32	
	00:38.41		00:40.91		
					

Coach feedback:

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Event number: 47: 200M BACKSTROKE WOMEN 15-16							Heat:1, starttime: 16:49	
Heat: 1/4 Lane : 3 Athlete: HAUTEKIET NANOË							Q-time: 02:34:38	
PB (25m pool): 02:32.95 Brugge 20/10/2024				PB (50m pool): 02:38.78 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.60		01:16.74		01:56.42		02:32.95
	00:36.60		00:40.14		00:39.68		00:36.53	
								

Coach feedback:

Event number: 47: 200M BACKSTROKE WOMEN 15-16							Heat:4, starttime: 17:00	
Heat: 4/4 Lane : 3 Athlete: DE BRUYCKER CHLOë							Q-time: 02:20:46	
PB (25m pool): 02:20.46 Eeklo 06/04/2026				PB (50m pool): 02:33.51 SB: 02:22.59 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.16		01:09.19		no time		02:20.46
	00:33.16		00:36.03					
								

Coach feedback:

Event number: 48: 200M BACKSTROKE MEN 15-16							Heat:4, starttime: 17:14	
Heat: 4/4 Lane : 3 Athlete: KINDT LIAM							Q-time: 02:11:15	
PB (25m pool): 02:11.15 Gent 23/02/2025				PB (50m pool): 02:14.95 SB: 02:13.17 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.96		01:04.34		01:38.52		02:11.15
	00:30.96		00:33.38		00:34.18		00:32.63	
								

Coach feedback:

Event number: 48: 200M BACKSTROKE MEN 15-16							Heat:4, starttime: 17:14	
Heat: 4/4 Lane : 5 Athlete: THONON MATISSE							Q-time: 02:08:00	
PB (25m pool): 02:08.00 Brugge 04/10/2026				PB (50m pool): 02:12.61 SB: 02:08.00 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:29.79		01:01.70		01:34.56		02:08.00
	00:29.79		00:31.91		00:32.86		00:33.44	
								

Coach feedback: